

W E L C O M E



OVER 650 ACRES OF SPACE

Ideally located, just three minutes from junction 34 of the M4, 15 minutes from Cardiff city centre and 20 minutes from many of South Wales' major historical and tourist attractions. The Vale Resort combines convenience and accessibility with world class facilities.

Upon entering our gates you will become aware that you have arrived at somewhere quite special. The Resort has been designed to blend seamlessly into a backdrop of 650 acres of outstanding natural beauty, creating a relaxing and tranquil environment for your time with us.

We look forward to welcoming you soon.





LUXURY ACCOMMODATION

Every one of our 143 guest bedrooms is luxuriously appointed with a contemporary style and designed to maximise your comfort and convenience.

All rooms are air-conditioned and have luxurious en-suite facilities, with many affording superb views of the golf course and surrounding landscaped gardens from your own private balcony.

If you're coming with children, we have a number of family rooms as well as rooms with interconnecting doors for extra peace of mind.



INSPIRATIONAL CUISINE

Varied dining options are available throughout the Resort, with inspired menus guaranteed to tantalize your taste buds.

Our AA rosette Vale Grill restaurant offers a menu designed to emulate the traditional elements of home-cookery with an added touch of innovation from our chef's to create a 'Best of Welsh' dining experience. Using fresh locally sourced produce that combines the cosmopolitan edge of the Resort with traditional freshness.

Alternatively, why not try one of our bars offering everything from sandwiches and snacks to good wholesome food - whatever takes your fancy!



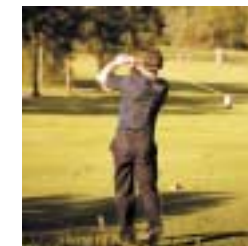


CHAMPIONSHIP GOLF

The Resort's two golf courses have both played host to PGA professional championships and are a true test for golfers of every level.

The award winning par 73 Wales National, at 7433 yards is destined to become one of the very best UK inland courses and the aptly named par 72 Lake course, at 6436 yards has water coming into play on 12 holes.

Other facilities include a 16-bay driving range, expert tuition from five of Wales' leading professionals, a large well appointed pro-shop and a welcoming, friendly clubhouse, which combine to make the Vale Resort one of the UK's most popular golfing destinations.



SPA INDULGENCE

Indulge your passion for pampering at Wales' largest spa, where you can select from an almost endless choice of treatments designed to leave you feeling on top of the world.

The spa is superbly equipped with 19 treatment rooms, a lavish changing facility and tranquil relaxation lounge, which provides the perfect place to unwind both before and after your treatments.

The spa's holistic approach treats the mind, body and spirit in an atmosphere that stimulates the senses and with three suites for couples, you can enjoy any of our treatments with your loved one, friend or family member.





LEISURE TIME

Sports and leisure facilities at the Resort are amongst the very best in Europe. Facilities include a state-of-the-art gymnasium with the latest Techno-gym equipment, 20 metre swimming pool, sauna, steam rooms, whirlpool bath, fitness studios with over 50 classes a week plus squash and tennis courts.

Your well-being is always our main priority and our fully qualified staff are always on hand to discuss your specific health and fitness requirements; to help you make the most of your time with us.

Even the little ones are catered for, with a supervised crèche, day nursery and junior activity programme.*



**Extra charges apply*

OUT AND ABOUT

The Resort is ideally located to visit the ever-increasing choice of attractions South Wales has to offer. In close proximity is the beautiful Glamorgan heritage coast and vibrant Cardiff Bay which has been transformed into a stunning waterfront to include the Millennium Centre and picturesque Norwegian Church (where Roald Dahl was christened).

Discover exceptional arts facilities such as the National Museum and Gallery or visit one of Cardiff's stunning castles.

Not forgetting the city of Cardiff itself, which boasts the impressive Millennium Stadium and a shopping experience combining small boutiques with designer stores and high street names.



OUR FACILITIES INCLUDE:

ACCOMMODATION

- 143 en-suite bedrooms
- In-room voice messaging, fax and broadband points
- Pay TV & satellite channels
- In-room safe
- Same day laundry
- Iron & ironing board
- Tea & coffee facilities
- 24 hour room service

GOLF

- Two 18-hole championship standard courses
- 16 bay floodlit driving range
- Coaching academy
- Chipping & bunker practice areas
- Putting green

DINING

- Vale Grill - "Best of Welsh" dining experience
- Golf Club Bar - good wholesome food
- Vale Bar -salads, snacks and healthy eating
- Salamanca Champagne Bar

HEALTH & RACQUETS CLUB

- 20 metre swimming pool
- Sauna, steam & whirlpool bath
- Gymnasium with cardio-theatre
- Three squash courts
- Three floodlit tennis courts
- Fitness studios with regular classes
- Crèche & day nursery

SPA

- 19 treatment rooms
- Holistic & therapeutic treatments
- Relaxation lounge
- Dry floatation
- Hydrotherapy
- Double therapy suites

CONFERENCES & BANQUETING

- 10 multi-functional suites catering for 10-700 guests
- All rooms with natural daylight
- State-of-the-art business and conference equipment
- All rooms fully air-conditioned

INDOOR ARENA

- 60 x 50 metre indoor field turf training pitch
- 3000m² exhibition and conference area
- Dinner dance for 1000



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